

# HAITI RELIEF FUNDRAISER

*Sponsored by...*

**DYNAMIC  
FITNESS GROUP**

**\$20 cash donation or  
\$20 value of needed supplies  
gets an adult or child one session**

***Personal Training  
Hip-Hop Dance Lesson  
Karate For Kids Lesson  
Athletic Training Session  
Nutrition Coaching  
Health Screening***

**SPACE IS LIMITED, YOU MUST  
RESERVE A TIME SLOT: 440.878.BFIT  
Bryan@DynamicFitnessGroup.com**



As a co-sponsor to this event,  
Robek's has agreed to donate a  
**FREE SMOOTHIE**  
to any person who participates in  
the Haiti Relief Fundraiser.  
Robek's Fruit Smoothies•572-1640  
18025 Royalton Road•Strongsville

## Time & Location

Sunday, January 31st  
Sessions are scheduled in 30 minute  
blocks and run from 9am to 2pm  
Dynamic Fitness Group  
14415 Pearl Road•Strongsville

## Donation

Bring in \$20 cash or \$20 worth of  
needed donations and receive a  
session from a certified professional  
at Dynamic Fitness (*you must call  
ahead to schedule if you want a  
session, but donations will be  
accepted anytime*)

## Supplies

Cash is preferred, but we will also  
accept diapers, flashlights, nutritional  
drinks, baby diapers, can openers,  
rice, antibiotic ointment, rubber  
gloves, bandages

***"100% of all cash and supplies will  
be given to the American Red  
Cross or the Humane Society of the  
United States to help the disaster  
relief efforts for people and animals  
in Haiti. My team of trainers,  
instructors, and teachers will be  
volunteering their time & skills for  
your fitness benefit. Please use  
this opportunity to improve your  
health, have some fun, and work up  
a sweat for a really good cause!"***

***--Bryan McIntosh  
Founder, Head Trainer Dynamic  
Fitness Group***